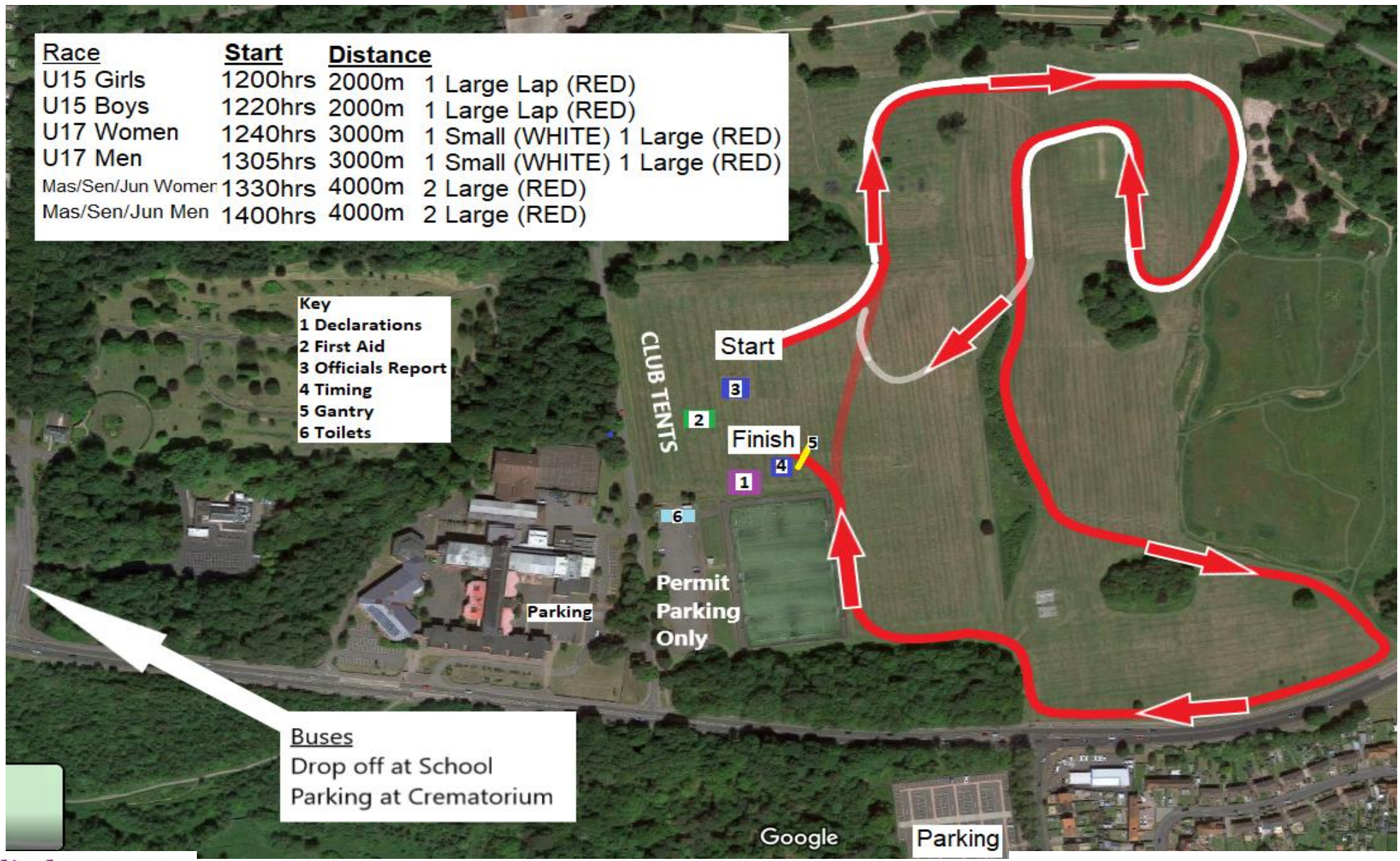


Race	Start	Distance	
U15 Girls	1200hrs	2000m	1 Large Lap (RED)
U15 Boys	1220hrs	2000m	1 Large Lap (RED)
U17 Women	1240hrs	3000m	1 Small (WHITE) 1 Large (RED)
U17 Men	1305hrs	3000m	1 Small (WHITE) 1 Large (RED)
Mas/Sen/Jun Womer	1330hrs	4000m	2 Large (RED)
Mas/Sen/Jun Men	1400hrs	4000m	2 Large (RED)

- Key**
- 1 Declarations
 - 2 First Aid
 - 3 Officials Report
 - 4 Timing
 - 5 Gantry
 - 6 Toilets



Buses
Drop off at School
Parking at Crematorium